

2023 PaddleNSW Harbour Series Race Guide

Event	Race 6 - The Newy Harbour Classic
Location	<p>Throsby Creek, Tully St Carrington NSW 2294</p> <p>Followed by the Race and Series Presentation at the Newcastle Cruising Yacht Club.</p>
Event Date	<p>Sunday 24 September 2023</p> <p>Drone Video of Course</p>
Hosted By	<p>Newy Paddlers Incorporated</p> <p>Our club was established in 2016 and this is the second year that we have held the 'Newy Harbour Classic'. We are excited about showcasing Newcastle Harbour and holding the presentation at Newcastle Cruising Yacht Club.</p> <p>Follow us on Facebook Website</p>
Acknowledgement of Country	<p>I acknowledge the traditional custodians of this land, the Worimi and Awabakal nations and pay my respects to the elders both past, and present for they hold the memories, the traditions, the culture and hopes of Aboriginal Australia.</p>
Important Safety Messages	<p>All HR paddlers should wear a high-vis cap, carry a storm whistle and some form of communication (such as a mobile phone, PLB or flare). Sometimes the top of your head is the only thing the safety boat crews can see. Make yourself as visible as possible and have some way of attracting the attention of other paddlers and the safety boats.</p> <p>Attendance at the pre-race Paddler Safety Briefing is mandatory.</p> <p>Due to the prevailing conditions, the Race Committee may alter the course and/or the start order on the morning of the race. The final course and start order will be explained at the Paddler Safety Briefing.</p>
Parking	<p>Refer to Mud Map indicating layout</p>

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Check-in Time and Paddler Safety Briefing	7am to 8:15am: Race Check-in 7:50am: Paddler Safety Briefing
Race Start Times NOTE: The final start order will be explained at the mandatory pre-race Paddler Safety Briefing.	8:25am Wave 1 – Long Course: <ul style="list-style-type: none"> • Female: 50+ and older • Male: 60+ and older • All Juniors • All OC1 & 2, and Sea Kayak 8:27am Wave 2 – Long Course: <ul style="list-style-type: none"> • Female: Open & 40+ • Male: Open, 40+, & 50+ • All Double Skis 8:30am Wave 3 - Short Course: <ul style="list-style-type: none"> • All craft, all ages (including SUP)
Post-Race / Series Presentation	<p>A Race results and medals, along with the Series Prizes and the Series Club Trophy will be presented after the race at 12pm at</p> <p style="text-align: center;">Newcastle Cruising Yacht Club 95 Hannell St, Wickham 2293 (other side of Cowper St bridge)</p> <p>Join us for a glass of something cold and a buffet lunch.</p> <p style="text-align: center;">Register for the Series Presentation</p>
HR Series Rules	Please familiarise yourself with the PNSW Harbour Racing Series Rules
Boat Numbers	Collect boat numbers from paddler check-in. Return boat numbers immediately after you finish paddling. You need to bring your own Race Number holder. These can be purchased when you register or at the event. Remove old HR Series stickers from your craft before you participate in this series.

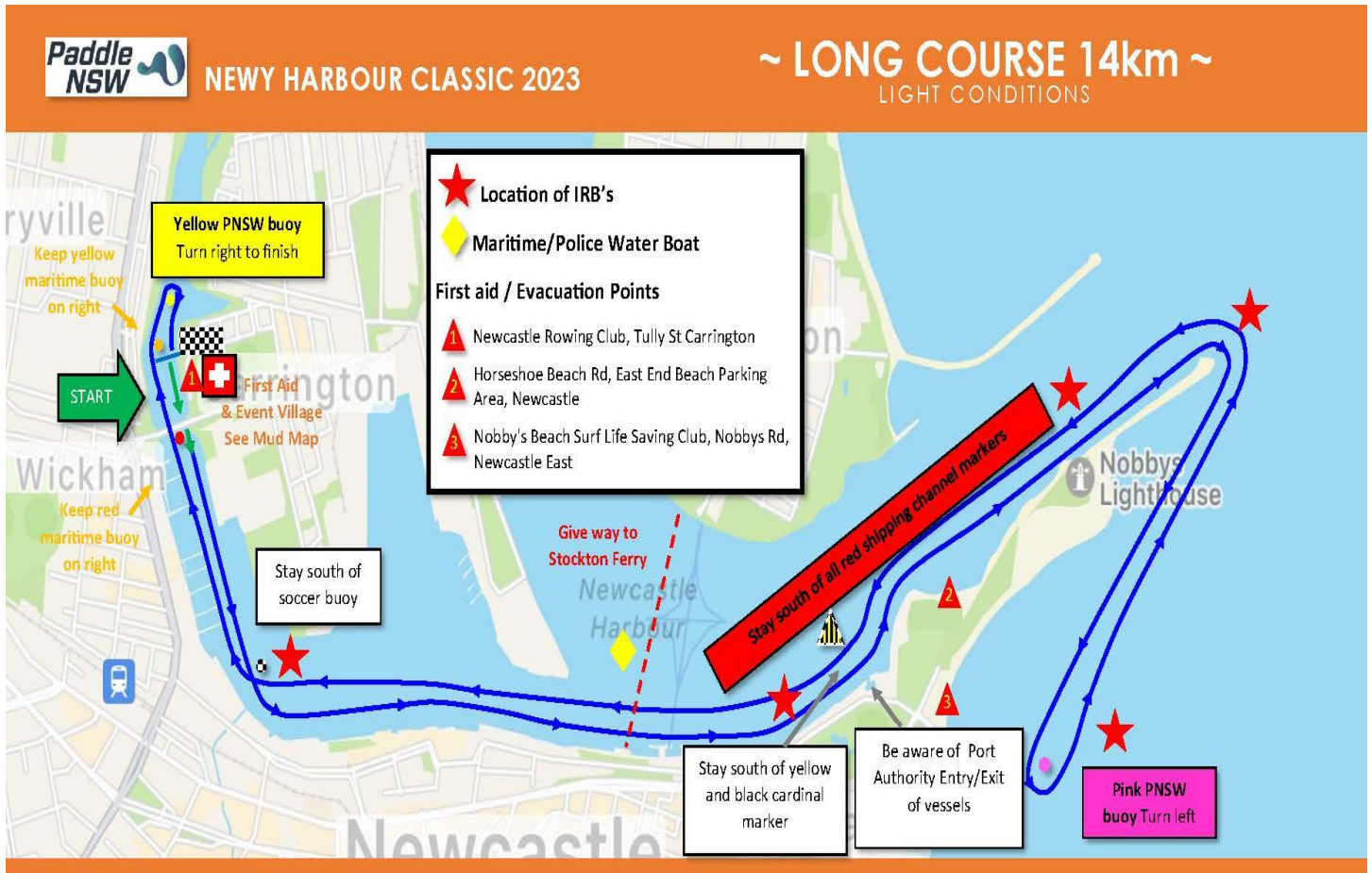
Event	Race 6 - The Newy Harbour Classic
Start List	The Webscorer Start List will be available on the after-registration closes. (https://www.webscorer.com/PaddleNSW)
Course and Site Information	
<p>Course Description</p> <p style="color: blue;">See the attached course map(s).</p> <p>NOTE: The final course will be explained at the mandatory pre-race Paddler Safety Briefing.</p>	<p>Long Course 14km (Light Conditions) Start on northern side of Cowper St bridge, pass under bridge with red maritime buoy on your right >>> hug southern side of harbour to stay out of shipping lane, keeping Soccer ball buoy on your left and the yellow & black cardinal marker on your left >>> paddle around the southern break wall and down to turn left around pink PNSW buoy off Nobbys Beach >>> Reverse course back around the break wall hug southern side of harbour, keep the yellow & black cardinal marker on your right and keep Soccer ball buoy on your right, pass under Cowper St bridge >>> hug southern side with red maritime buoy on your right, continue to hug southern side and pass yellow Maritime buoy on your right >>>turn right around yellow PNSW buoy and finish parallel with the beach.</p> <p>Short Course 10km DETAILS: Start on northern side of Cowper St bridge, pass under bridge with red maritime buoy on your right >>> hug southern side of harbour to stay out of shipping lane, keeping Soccer ball buoy on your left and the yellow & black cardinal marker on your left >>> turn left around pink PNSW buoy laid off southern break wall >>> reverse course back >>> Hug southern side of harbour, keep the yellow & black cardinal marker on your right and soccer ball buoy on your right, pass under Cowper St bridge, hug southern side with red maritime buoy on your right, continue to hug southern side and pass yellow Maritime buoy on your right >>> turn right around yellow PNSW buoy and finish parallel with the beach</p> <p>Remember:</p> <ul style="list-style-type: none"> • You turn left around the pink buoys. • You turn right around yellow buoys. • The Finish Line will be between two black and white chequered buoys. • If you see any of the safety boats wave a red flag on the course, the race has been stopped and you must proceed as directed by the safety boat.

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Race Start Procedure	<p>You must pass between the 4 roped off bollards on the beach when you enter the water. This is to check you have the minimum required equipment and to record your race number. Failure to enter through the designated entry gates will result in a DNS (Did Not Start) being applied.</p> <p>Gather for your race start in the area indicated north of the roped bollards (see mud map) and wait to be called forward by one of the starters.</p> <p>The Race Starter will:</p> <ul style="list-style-type: none"> • Hold up a Wave Number card (1,2,3) along with an Orange Flag 2 minutes prior to each start to indicate which wave is about to start • Raise a green flag giving the paddlers in that wave a 1-minute warning to come up to (but not cross) the start line <p>Race Start will be signalled by the dropping of the green flag and a single blast of an AIR HORN</p> <p>DO NOT break the Start. You must remain behind the two chequered buoys, anyone breaking the start will incur a 2-minute penalty.</p>
Key Hazards	<p>NOTE: Additional information about the course, including the key hazards, will be explained at the mandatory Paddler Safety Briefing.</p> <ul style="list-style-type: none"> • Stay south of the yellow and black cardinal marker in both directions to avoid the shipping lanes. • Be aware of Port Authority vessels entering and exiting which will cause wash and affect your balance stability.
Weather and Tides	<p>Paddlers should monitor the weather and water conditions and make their own decisions about their ability to handle the conditions.</p>
Other Water Users	<p>This event does not have exclusive use of the waterways.</p> <p>You MUST GIVE WAY to all other waterway users.</p> <ul style="list-style-type: none"> • You MUST GIVE WAY to all other waterway users, especially the Ferry where a Maritime Vessel will control the safe passage of paddlers – if directed by that vessel YOU MUST STOP.

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Facilities	Refer to Mud Map indicating layout. A water tap to clean boats is available on Pat Jordan oval near Newy Paddlers 2 Forty fort containers. A hose and stands will be set up ready to use.
Event Catering	<ul style="list-style-type: none"> • Carrington Public School will be doing a BBQ so please support our local community. • A coffee van will be available to meet your caffeine habits.
Health and Safety Requirements	
Medical Information	For your safety, paddlers should enter any relevant information in WebScorer when registering.
Minimum safety Requirements	<p>Ensure you have the minimum safety equipment as per the Harbour Series Race Rules. No exceptions will be granted.</p> <ul style="list-style-type: none"> • All paddlers must wear a Level 50 or 50S non-inflatable lifejacket that conforms to Australian Standards. • One paddler of every Ski, Outrigger Canoe, Va'a or SUP must wear a leg leash at EVERY event. Paddle leashes or use of both paddle leash and leg leash together are not advised for Ski paddlers. • All kayak paddlers are advised to wear a spray-skirt and use a paddle leash. Kayaks must have bulkheads and sealed compartments to provide buoyancy.
On-Water Safety Vessels (refer Safety Map)	<ol style="list-style-type: none"> 1. Marine Rescue - PNSW buoy opposite Nobbys Surf Club 2. Marine Rescue - end of breakwater - Nobbys Surf Club 3. Cooks Hill Surf Club - Horseshoe Bch - end of Breakwater 4. Cooks Hill Surf Club - Horseshoe Bch – Ferry 5. Newcastle Cruising Yacht Club - Dyke Point - Cowper St Bridge 6. Maritime Services - Ferry Crossing
First Aid	A qualified First Aid Officer will be located near the Race Officials area. Additional first aiders will be located at various locations on the course.
Clothing	Stay sun smart. Slip, slop, slap, seek shade. Remember to hydrate.
COVIDsafe	The event will comply with NSW requirements. Don't paddle or come to this event if you're unwell, awaiting test results, are required to be isolating, etc. Please use err on the side of caution.

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Emergency Muster/Evacuation Locations	Refer the 'Long Course – light conditions' for First Aid/Evacuation points in case of an emergency.





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**HARBOUR SERIES 2023
RACE 6**

**NEWY HARBOUR CLASSIC
STAY ~ EAT**

CAFÉ'S & EATERIES

Ground Up Espresso

120 Young St, Carrington NSW 2294
Phone: (02) 4961 0504

Carrington Bowling Club

1C Cowper St Carrington NSW 2294
Phone: (02) 4961 4140

Newcastle Cruising Yacht Club

95 Hannell St, Wickham NSW 2293
Phone: (02) 4940 8188

Equium Social

1/5 Mayfield Road, Mayfield East
www.equiumsocal.com.au

Uprising Bakery

21/25 Downie Street, Maryville
www.bakeduprising.com.au

Darby Street, Cooks Hill

Numerous restaurants and café's

Honeysuckle Foreshore

Numerous restaurants along the
water adjacent to Honeysuckle
Drive and Wharf Road

Merewether Surfhouse

5 Henderson Parade, Merewether-
Restaurant, café, pizza bar

SOME ACCOMMODATION OPTIONS

Mercure Charlestown

4-star hotel with restaurant
109 Madison Dr, Charlestown NSW 2290
Phone: (02) 4943 8899
www.mercurecharlestown.com.au
**Offer: call to book and save \$10/night
off online rates**

NRMA Stockton Beach Holiday Park

3 Pitt St, Stockton NSW 2295
Phone: 1800 778 562

Travellers Motor Village

295 Maitland Rd, Mayfield West
Phone: (02) 4968 1477

**For more ideas and information, try
these websites:**

- <https://www.visitnewcastle.com.au/visitor-information/maps-and-guides>
- <https://www.visitlakemac.com.au/>
- <https://www.hunterhunter.com.au/>

This is definitely not an exhaustive list but a place to start.
Please do your own research and if in doubt, ask a local!

WE TRUST YOU WILL ENJOY YOUR TIME IN NEWY AND... **HAVE A GREAT RACE!**

