

2023 PaddleNSW Harbour Series Race Guide

Event	Central Coast Harbour Classic
Location	Patonga – Central Coast
Event Date	August 26 th
Hosted By	Brisbane Water Paddlers https://bwpaddlers.wixsite.com/brisbanewater
Acknowledgement of Country	We meet on the traditional lands of Darkinjung people.'I begin today by acknowledging the Darkinjung people, Traditional Custodians of the land on which we gather & paddle on today, and pay my respects to their Elders past and present. I extend that respect to Aboriginal and Torres Strait Islander peoples here today.'
Important Safety Messages	<p>All HR paddlers should wear a high-vis cap, carry a storm whistle and some form of communication (such as a mobile phone, PLB or flare). Sometimes the top of your head is the only thing the safety boat crews can see. Make yourself as visible as possible and have some way of attracting the attention of other paddlers and the safety boats.</p> <p>Attendance at the pre-race Paddler Safety Briefing is mandatory.</p> <p>Due to the prevailing conditions, the Race Committee may alter the course and/or the start order on the morning of the race. The final course and start order will be explained at the Paddler Safety Briefing.</p>
Parking	<ul style="list-style-type: none"> ○ Competitors are to park in the carpark spaces available and on the Oval accessed by bay street. A boat drop-off zone will be available near the Patonga jetty. The gate will open form 6:45am & close at 12pm sharp. ○ Please respect local residents and keep noise to a minimum.
Check-in Time and Paddler Safety Briefing	<p>7am to 8:15am: Race Check-in</p> <p>7:50am: Paddler Safety Briefing</p>

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<p>Race Start Times</p> <p>NOTE: The final start order will be explained at the mandatory pre-race Paddler Safety Briefing.</p>	<p>8:25am Wave 1 – Long Course:</p> <ul style="list-style-type: none"> • Female: 50+ and older • Male: 60+ and older • All Juniors • All OC1 & 2, and Sea Kayak <p>8:35am Wave 2 – Long Course:</p> <ul style="list-style-type: none"> • Female: Open & 40+ • Male: Open, 40+, & 50+ • All Double Skis <p>8:38am Wave 3 - Short Course:</p> <ul style="list-style-type: none"> • All craft, all ages (including SUP)
<p>Post-Race Presentation</p>	<p>A summary of the results and Race Medals will be presented after the race in the pavilion between the beach & the oval.</p>
<p>HR Series Rules</p>	<p>Please familiarise yourself with the PNSW Harbour Racing Series Rules</p>
<p>Boat Numbers</p>	<p>Collect boat numbers from paddler check-in. Return boat numbers immediately after you finish paddling.</p> <p>You need to bring your own Race Number holder. These can be purchased when you register or at the event.</p> <p>Remove old HR Series stickers from your craft before you participate in this series.</p>
<p>Start List</p>	<p>The Webscorer Start List will be available on the after registration closes. (https://www.webscorer.com/PaddleNSW)</p>

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Course and Site Information	
<p>Course Description</p> <p>See the attached course map(s).</p> <p>NOTE: The final course will be explained at the mandatory pre-race Paddler Safety Briefing.</p>	<p>Long Course:</p> <p>From Start, paddle in a western direction and turn left around the large Pink buoy and head east towards Lion Island. Turn left/anti clockwise around Lion Island & paddle back towards Patonga & the Finish line. See Map 2</p> <p>Short Course:</p> <p>From Start, paddle in a western direction and turn left around the large Pink buoy and head east towards Lion Island. Turn left at the large Pink buoy before Lion Island & paddle back towards Patonga & Finish line. See Map 3</p> <p>Remember:</p> <ul style="list-style-type: none"> • You turn left around the pink buoys • You turn right around yellow buoys • The Finish Line will be between two black and white chequered buoys. • If you see any of the safety boats wave a red flag on the course, the race has been stopped and you must proceed as directed by the safety boat.

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<p>Race Start Procedure</p>	<p>You must pass between the two Brisbane Water club flags on the beach when you enter the water. This is to check you have the minimum required equipment and to record your race number. Failure to enter through the designated entry gates will result in a DNS (Did Not Start) being applied.</p> <p>Gather for your race start on the Eastern side of the Patonga Wharf MAP 1 and wait to be called forward by one of the IRBs. Paddlers are required to stay 50m behind the buoys until the race has been called to the start.</p> <p>The Starter will be positioned on the start line in an IRB.</p> <p>The Race Starter will:</p> <ol style="list-style-type: none"> i. Call the paddlers in the wave to make their way towards the start line ii. Raise a green flag giving the paddlers in that wave a 1-minute warning to come up to (but not cross) the start line iii. Signal race start by the dropping of the green flag and a single blast of an air horn. <p>DO NOT break the Start. You must remain behind the safety boat bringing your start to the start line. The safety boat will move to the yellow and black buoy at the start line (opposite the start boat). Anyone breaking the start will incur a 2 minute penalty.</p>
<p>Key Hazards</p>	<ul style="list-style-type: none"> ○ Patonga is surrounded by large cliff faces. Don't paddle your craft too close to the rocks. ○ Rebound off the rocks in mild to strong winds can create unsteady water. The further away from the rock face you are the less rebound you will face. ○ Patonga is tidal, the 8:30am tide is right at the end of the outgoing low tide. This will make for a fast run down to Lion Island. The paddle back from Lion Island to Patonga will be into the end of the tide. ○ Paddlers should monitor the weather & water conditions & make their own decisions about the ability to handle the conditions. ○ Swell, this course is affected by swell, Large East & South East swell will create breaking waves on the Eastern face of Lion Island. Paddlers should take a wide line around Lion Island 20-30m off the rock face.

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Weather and Tides	Paddlers should monitor the weather and water conditions and make their own decisions about their ability to handle the conditions.
Other Water Users	<p>This event does not have exclusive use of the waterways.</p> <p>You MUST GIVE WAY to all other waterway users.</p> <p>The Patonga ferry will be operating on the day.</p>
Facilities	<ul style="list-style-type: none"> ○ Toilets are located at Eve Williams Oval. ○ Outdoor shower & tap are located at the Eve Williams Oval pavilion. Paddlers should bring their own wash down water.
Event Catering	<ul style="list-style-type: none"> ○ Patonga Café is located between the sign on Pavilion & the Patonga pub. ○ Patonga pub is located at our venue, they will open from 10:30am for lunch & beverages. The Boathouse Hotel Patonga
Health and Safety Requirements	
Medical Information	For your safety, paddlers should enter any relevant information in WebScorer when registering.
Minimum safety Requirements	<p>Ensure you have the minimum safety equipment as per the Harbour Series Race Rules. No exceptions will be granted.</p> <ul style="list-style-type: none"> • All paddlers must wear a Level 50 or 50S non-inflatable lifejacket that conforms to Australian Standards. • One paddler of every Ski, Outrigger Canoe, Va'a or SUP must wear a leg leash at EVERY event. Paddle leashes or use of both paddle leash and leg leash together are not advised for Ski paddlers. • All kayak paddlers are advised to wear a spray-skirt and use a paddle leash. Kayaks must have bulkheads and sealed compartments to provide buoyancy.
On-Water Safety Vessels	3 x IRB boats will be on the water. The first IRB boat will lead the long course to the finish. 2 nd boat will be positioned at the first turn & move to the short course turn after the last paddler comes through. 3 rd IRB will be position on the Eastern side of Lion Island.
First Aid	A qualified First Aid Officer will be located near the Race Officials area. Additional first aiders will be located at various locations on the course.
Clothing	Stay sun smart. Slip, slop, slap, seek shade. Remember to hydrate.
COVIDsafe	The event will comply with NSW requirements. Don't paddle or come to this event if you're unwell, awaiting test results, are required to be isolating, etc. Please use err on the side of caution.

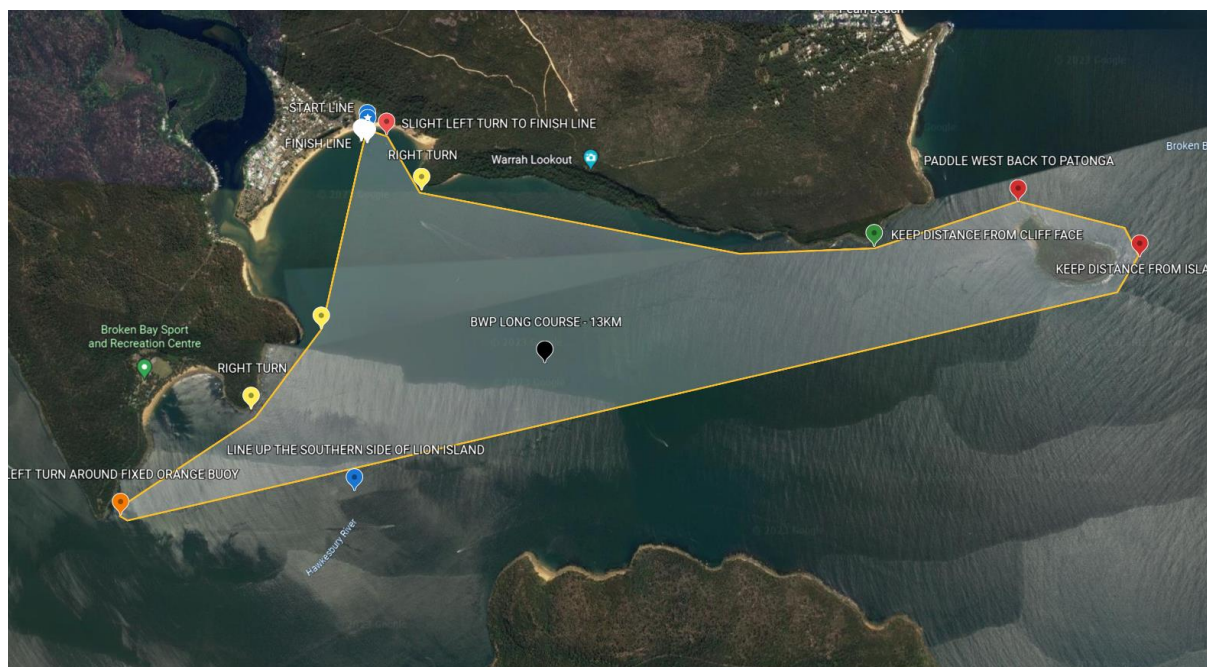
Course and Site Maps

NOTE: The final course will be explained at the mandatory pre-race Paddler Safety Briefing.

MAP 1 – ARRIVAL / PARKING / CHECK-IN / WATER ENTRY



Map 2 - Long course



Map 3 - Short course

