

# Marathon Committee Divisional Racing Rules - 2021

- 1. The *PaddleNSW Marathon Series* comprises a number of 'Divisional' races run by the PaddleNSW Marathon Committee ('the Committee') and delivered by PaddleNSW affiliated clubs throughout NSW.
- 2. The objective of the *PaddleNSW Marathon Series* is to provide a program of races for paddlers in 'Time Divisions' that match their paddling capabilities, and provide opportunities for, and recognize improvement in, paddler proficiency.
- 3. The *PaddleNSW Marathon Series* allows paddlers of all age groups, to paddle boats of any class, and is based primarily on paddlers' abilities to paddle a range of distances within certain time periods or brackets.
- 4. The *PaddleNSW Marathon Series* is also seen as a development ground for paddlers wanting to compete at State, National and International levels, and aims to provide an opportunity for such development.

#### **Race Distances**

- Race Distances will be as follows:
  - a. Long Course (7 non-SUP Divisions) = 20 km (with portages where possible)
  - b. Division 8, SUP Division A, U18 Junior Division = 15 km
  - c. Short Course (4 non-SUP Divisions), SUP Division B, U16 and U14 Junior Divisions = 10 km
  - d. Division 13, SUP Division C, U12 Junior Division = 5 km
  - e. U8 and U10 Junior Divisions = 2 km
- 6. For non-SUP paddlers, the 20km course will officially be known as the 'Long Course' and the 10km course will officially be known as the 'Short Course'. Both are considered full competitive events.
- 7. The 5km and 15km distances are available to non-SUP paddlers as 'bridging' distances.
- 8. Host clubs must ensure their course layouts are accurate and no shorter than the required 20km, 15km, 10km & 5km distances.
- 9. Promotion will not take place automatically from shorter courses to longer courses.
- 10. Non-SUP paddlers seeking promotion to the longer distances will need to meet prequalification times as follows:
  - a. Moving from 5km (Division 13) to 10km (Division 12) must be able to complete 5km in less than 40 minutes.

- b. Moving from 10km (Divisions 9-12) to 15km (Div 8) must be able to complete 10km in less than 1hr:10 minutes.
- c. Moving from 15km (Division 8) to 20km (Div 7) must be able to complete 15km in less than 1hr:55 minutes.
- 11. Paddlers promoted into Division 1 will be assessed by the Committee and a Panel of Division 1 paddlers to determine how many, if any, portages they are required to complete in the first Division 1 race. Reviews will be conducted after each race, and paddlers will be advised of any change to portage requirements before the start of their next race. This is an initiative to help bridge the recognized gap between Divisions 1 and 2, and to assist paddlers to remain competitive in the transition. Paddlers who do not complete a portage must not take any personal advantage, or cause other paddlers any disadvantage, by doing so.

## **Divisions**

12. There will be 3 Divisions for SUPs based on distance as shown below.

SUP Division	Distance
A	15km
В	10km
C	5 km

13. For craft other than SUPs there will be 13 Divisions, each based on speed/time brackets, but not on boat type, or paddlers' age/gender.

Non-SUP Division	Distance	Time to paddle	Approximate Speed	Promotion / Relegation %
1	20km + Portages	<1:38	(>12.2kph)	4%
2	20km	1:38~1:45	(11.4-12.2kph)	4%
3	20km	1:45~1:50	(10.9-11.4kph)	3%
4	20km	1:50~1:55	(10.4-10.9kph)	3%
5	20km	1:55~2:00	(10-10.4kph)	3%
6	20km	2:00~2:10	(9.2-10kph)	5%
7	20km	2:10~2:25	(8.3-9.2kph)	6%
8	15km	1:15~1:55	(7.8-12kph)	n/a
9	10km	<0:55	(>10.9kph)	5%
10	10km	0:55~1:00	(10~10.9kph)	5%
11	10km	1:00~1:05	(9.2~10kph)	5%
12	10km	>1:05	(<9.2kph	5%
13	5 km	00:32~00:45	(6.7-9.4kph)	n/a

(Portaging is mandatory for Division 1, and optional for other Divisions, where courses allow for it)

14. There will be 6 Junior Divisions based on age as at 1 January as shown below.

Age	Distance	Start
U18	15km	Start with Div 8
U16	10km	Start with Div 12
U14	10km	Start with Div 12
U12	5 km	Start with Div 13
U10	2km	Start with Div 13
U8	2km	Start with Div 13

All U8 paddlers are required to paddle with an accompanying adult, and it is recommended for U10s.

Note that the age for junior doubles is the age of the oldest paddler.

15. More advanced juniors can choose paddle in faster Divisions or longer distances as part of the marathon series.

## **Initial Non-SUP Division Ranking**

- 16. Paddlers who are new to the series, and/or paddlers who have not competed in a PaddleNSW Marathon Series in the previous three (3) years, shall nominate themselves in the Division that they believe is most appropriate to their capabilities, and will use their first race as a 'Ranking' race (unless rules 22 or 23 apply), to confirm the most appropriate Division for future races.
- 17. New Doubles Team entries (any combination of paddlers who have not paddled together in a PaddleNSW Marathon Series event within the previous two years) must also enter their first race as a 'Ranking' race (unless rules 22 or 23 apply), in a Division they believe most suited to their capabilities, but at a minimum, must compete in at least the next higher Division of the highest ranked individual paddler.
- 18. All marathon series races including designated bonus races can count as a ranking race.
- 19. Paddlers who have participated in the "PaddleNSW Marathon" series within the past two years will be allocated to the Division determined by the result of their last event.
- 20. Regular doubles paddlers who elect to paddle a single, have the following options:
  - a. If they have paddled in a Single within the previous two years they can enter the Division determined by the result of their last event in a Single.
  - b. If they have NOT paddled in a Single in the previous two years they can either;
    - i. Enter in one (1) Division lower than the Division determined by the result of their last event in a Double.
    - ii. Enter in an appropriate Division as a 'Ranking' race (unless rule 22 applies).
- 21. The Committee may request that any Paddler or Doubles Team review their entry and select another Division, in the interests of all paddlers.
- 22. Paddlers/Teams entering in Divisions 1, 8, 9 and 13 shall not be required to paddle a 'Ranking' race.
- 23. New double combinations entering in the 'Doubles Round' shall not be required to paddle a 'Ranking' race.

24. Personal Points and Club Points will not be awarded to Paddlers/Doubles Teams in their 'Ranking' race, or to Paddlers/Doubles Teams who do not paddle in their correct or allocated Division.

# Non-SUP re-ranking: Promotion and Relegation

- 25. The Committee reserves the right to review results and rankings and apply Promotions and Relegations after each race. The Committee, at its discretion, will make appropriate allowances for other influencing factors when reviewing results and considering rerankings.
- 26. Appeals against re-ranking must be made, in writing, to the PaddleNSW Marathon Committee, (<a href="marathon@paddlensw.org.au">marathon@paddlensw.org.au</a>) prior to the next race and within a week after results/re-rankings are published.

# **Non-SUP promotion**

- 27. Promotions will be determined by the Committee and will be based on comparison to a BENCHMARK time for the Division in each event.
- 28. The BENCHMARK time will be recalculated after each race and will be used to determine any promotions based on that race. This allows for the variability of course lengths and conditions (ie 'fast' and 'slow' courses).
- 29. The BENCHMARK time for each Division will be the MEDIAN time of finishing competitors in that Division. The race system includes a function that automatically calculates the MEDIAN and this is visible on the public results. This will be the measure of 'median' used.
- 30. Where the use of the MEDIAN time would, in opinion of the Committee, produce an outcome that is inconsistent with the intent of the benchmarking system (ie to promote fair racing), the Committee may apply its judgement to make an alternate decision on promotion in accordance with rule 21.
- 31. Promotions, when determined, are mandatory. Paddlers must enter subsequent races in the higher Division.
- 32. Promotion rules do not apply to Divisions 1, 8, 9 & 13.
- 33. Paddlers/Teams in Divisions 2-7 and 10-12, whose finishing time is faster than their Division benchmark time by the percentages identified in the Promotion policy (and the Promotion/Relegation % column of the Division table) for two (2) races within the marathon series (not necessarily consecutive races), will be promoted to an appropriate higher Division.
- 34. Paddlers/Teams in Divisions 3-7 and 11-12, whose finishing time is faster than the Division benchmark time of the next fastest Division by the percentages identified in the Promotion policy (and the Promotion/Relegation % column of the Division table) will be promoted to an appropriate higher Division.

# Non-SUP relegation

- 35. Relegations will be determined by the Committee and will be based on comparison to a BENCHMARK time for the Division in each event.
- 36. The BENCHMARK time will be recalculated after each race and will be used to determine any promotions based on that race. This allows for the variability of course lengths and conditions (ie 'fast' and 'slow' courses).

- 37. The BENCHMARK time for each Division will be the MEDIAN time of finishing competitors in that Division. The race system includes a function that automatically calculates the MEDIAN and this is visible on the public results. This will be the measure of 'median' used.
- 38. Where the use of the MEDIAN time would, in opinion of the Committee, produce an outcome that is inconsistent with the intent of the benchmarking system (ie to promote fair racing), the Committee may apply its judgement to make and alternate decision on relegation in accordance with rule 21.
- 39. Paddlers/Teams in Divisions 1-6 and 9-11, whose finishing time is slower than their Division benchmark time by the percentages identified in the Promotion policy (and the Promotion/Relegation % column of the Division table) for two (2) consecutive races, will be recommended for relegation to an appropriate lower Division.
- 40. Relegations, when determined, are generally RECOMMENDATIONS ONLY. Paddlers MAY enter subsequent races in the lower Division as determined by the Committee or may choose to continue racing in the higher Division.
- 41. Relegation rules do not apply to Divisions 7, 8, 12 & 13, however the Committee reserve the right to relegate paddlers who finish in a slower time than the upper limit in Divisions 7 & 8 into a Division with a shorter distance.

## Starting order

- 42. Starting order shall be: Div 7, Div 6, Div 5, all SUP Divisions, Div 1, Div 2, Div 3, Div 4, Div 8, Div 9, Div 10, Div 11, Div 12 & Div 13.
- 43. Where possible, each Division shall have its own start, at intervals determined by the Starter, taking into consideration issues such as course layout, weather conditions on the day, and others that influence the running and/or safety of the race.
- 44. Typically, Non-SUP Division 7 will start at -20:00 minutes, Division 6 will start at -15:00 minutes, Division 5 will start at -13:00 minutes, all SUP Divisions will start at -10:00, Division 1 will start at 0:00, and each Division thereafter at intervals of two (2) minutes or as determined for the course.
- 45. Any or all starts may be combined (depending on numbers) at the discretion of the Committee. Any amalgamations will be announced at the race briefing.
- 46. Starting order may be changed at the discretion of the Committee or the host club. Any change to the starting order will be announced at the race briefing.

## **Minimum Progress Requirement**

- 47. For a 5km lap course paddlers in Divisions 5, 6 and 7 must finish 15km within 1 hour and 35 minutes after the Div 1 start (1 hour and 55 minutes after the Div 7 start).
- 48. For 5km and 10km lap courses, 15km SUP paddlers must finish 10km within 1 hour 35 after the SUP start.
- 49. All craft not meeting this minimum progress requirement will be required to retire from the race. They will be recorded as DNF and may be ranked into a different Division for their next race. If paddlers believe they will not be able to meet the minimum progress requirement they should consider entering a shorter distance. The Committee has discretion to adjust the minimum progress requirements based on race conditions.

## **Individual Points**

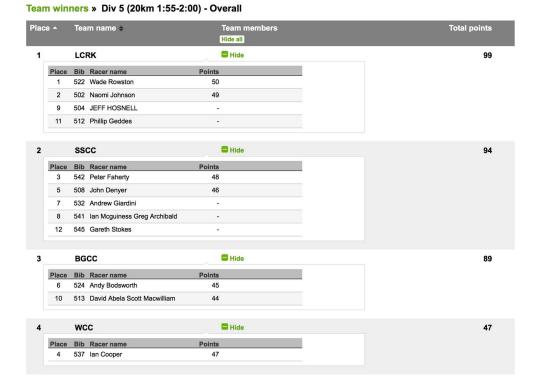
- 50. Points shall be awarded to Boat/Team Entries as follows:
  - a. Every Boat/Team Entry's race time shall be ranked fastest to slowest in each Division.
  - b. The fastest boat in each Division will receive 50 points.
  - c. The second fastest boat in each Division will receive 49 points.
  - d. Third fastest boat in each Division will receive 48 points etc.
- 51. A Boat/Team Entry shall be defined as follows:
  - a. For a Single Boat entry the name of the single Paddler on that entry
  - b. For a Double Boat/Team entry the combination of the two Paddlers names on that entry.
- 52. Every race (except a Ranking Race) shall contribute to a Boat/Team Entry's total Individual point score, with the lowest scoring races being dropped, and a maximum of the seven (7) highest scoring races counting towards the final end of season total score.
- 53. In the case of Doubles entries, points will be awarded to the Boat/Team combination only, with the exception of the Doubles Round (see rule 83.a).
- 54. If paddlers swap partners in Doubles during the course of the series the new combination will be treated as a new Boat/Team Entry, with points being accumulated separately from points already earned in a previous combination.
- 55. Points cannot be carried up or down between the Divisions or Distances. Points earned in a Division will count towards a paddler's or team's total for that Division only with a minimum of five (5) races required in any one Division to be eligible for a Divisional prize.
- 56. Fixed Points Races
  - a. Paddlers who enter and finish:
    - Designated Bonus Races (such as the Frank Harrison Memorial race in Albury or the Batemans Bay Paddle Challenge) will be awarded 46 Fixed Points.
    - ii. State Championships in a Non-Championship race will be awarded 46 Fixed Points.
    - iii. State Championships in a double Championship race will be awarded 46 Fixed Points to each paddler as a single (as well as the usual points awarded as a double based on the finishing position in the Division).
    - iv. State Championships in a single Championship race will be awarded 46 Fixed Points as a double if the nominated doubles partner also enters and finishes State Championships in a single Championship race (as well as the usual points awarded as a single based on the finishing position in the Division).
  - b. These races can be counted as one of the seven (7) highest scoring races in a Boat/Team Entry's End of Season total pointscore, but cannot count as one of the five (5) races required in one Division for prize eligibility.

## **Points for Juniors**

- 57. Points shall be awarded to Junior Boat/Team Entries as follows:
  - a. Every Boat/Team Entry's race time shall be ranked fastest to slowest in each Junior Division.
  - b. The fastest boats in each Division will receive 50 points.
  - c. The second fastest boats in each Division will receive 49 points.
  - d. Third fastest boats in each Division will receive 48 points etc.
- 58. A Boat/Team Entry shall be defined as follows:
  - a. For a Single Boat entry the name of the single Paddler on that entry
  - b. For a Double Boat/Team entry the combination of the two Paddlers names on that entry.
- 59. More advanced juniors who paddle in faster Divisions or longer distances as part of the marathon series will earn a fixed 48 points towards the junior series in their age class (in addition to regular Marathon Series points).
- 60. Every race that is a designated Junior Series race shall contribute to a Boat/Team Entry's total Junior point score.

#### **Club Points**

61. The two (2) highest placed boats from each Club, in each Division, shall earn points for their Club towards the Brian Norman Club Trophy. Points will be awarded based on finishing position within the Division, on the same scale as Individual points are awarded (50 points for first place, 49 for second, 48 for third, etc.). Where a Club is represented by more than 2 boats in any Division, only the two highest placed boats will earn points. Where a Club is represented by only one boat in any Division, that boat will earn points based on final placing. (see example below)



- 62. Doubles paddlers from the same Club only receive one set of Club points. Doubles paddlers from different clubs must nominate one Club to receive any points.
- 63. Points from designated bonus races shall not contribute towards the Brian Norman Club Trophy.
- 64. Bonus CLUB points Portage Round
  - a. If an event is designated as a 'Portage Round', any paddler in any craft (not limited to ICF Class boats) may elect to voluntarily portage and earn fifty (50) additional Club Points (per boat) for their club if they complete all required portages. These Club points are in addition to any other points earned for the race.
  - b. Paddlers wanting to portage and earn additional Club points must complete tick the 'Portage' box on the online entry and complete ALL required portages.
- 65. Bonus Club Points Doubles Round

If any event is designated as a 'Doubles Round', paddlers who complete the event in any double craft will earn 50 Club Points per boat for their club – in addition to any normal placing points earned towards the Brian Norman Club Trophy.

#### **ICF Class Points**

- 66. ICF Class boats (K1/K2/K4, C1/C2) in each Division shall also be able to earn points towards the 'ICF Class Trophy', sponsored by PaddleNSW, to be awarded to the Club with the highest number of ICF Class points at the end of the series.
  - a. One ICF Class Point will be awarded to every ICF class boat that finishes in its Division.
  - b. Skegged Masters boats are not currently recognized as ICF compliant, but will be accepted for the PaddleNSW Marathon series.
  - c. Boat type must be specified on the online entry.
- 67. Paddlers in Divisions other than Division 1 may elect to Portage (where courses provide for it) and can earn one (1) additional ICF Class Point for their Club if they complete all required portages. This rule also applies to non-ICF craft who elect to portage.
- 68. Bonus ICF points Portage Round
  - If an event is designated as a 'Portage Round', any paddler in any craft (not limited to ICF Class boats) may elect to voluntarily portage and earn two (2) additional ICF Class Points for their club if they complete all required portages. These ICF Class points are in addition to ICF Class points earned for paddling an ICF Class boat.
- 69. Paddlers wanting to portage and earn ICF Class Club points (in a standard race or Portage Round) must complete tick the 'Portage' box on the online entry and complete ALL required portages.
- 70. Points from designated bonus races shall not contribute towards the ICF Class Trophy.

### Prizes/Awards

- 71. Prizes may be awarded at the end of the Season as follows:
  - a. Highest points overall
  - b. Top 3 highest points in each Division and Junior Division

- c. Most improved paddlers
- d. Encouragement awards
- e. Outstanding Paddlers single or doubles
- f. Veteran/Junior award
- g. 100% Participation medal
- h. Highest accumulated Club Points for the Brian Norman Club Trophy.
- i. Highest accumulated Club Points for the ICF Class Trophy
- 72. To be eligible for prizes, a paddler MUST complete a minimum of seven (7) races during the Series or two (2) races during the Junior series.
- 73. If an event is cancelled during the race, all participants who have started, will be awarded the maximum 50 points. No Club or ICF Class Points shall be awarded.
- 74. If a race is cancelled before the event begins, no points will be awarded.

# **State Championships**

- 75. The PaddleNSW State Marathon Championships for single craft and double craft will be conducted on separate days and as part of the regular marathon series.
- 76. The State Championship races will be conducted with the same classes, genders and age groups as National Championships. The boat classes will be 'ICF Portage' (for ages U16 up to 64), 'ICF No Portage' (for ages U14 and 65 and over), 'All Craft No Portage'. Masters age groups will be in 10 year increments from age 35 to age 64 and 5 year increments from age 65. A 10 year increment will be split into two 5 year increments if there are 3 or more paddlers entered in each 5 year increment.
- 77. Race distances will comparable to the distances at National Championships rounded down to the nearest 5km in most cases.
- 78. 'Non-Championship' races will be offered over 20km, 15km, 10km and 5km distances to cater for paddlers who do not wish to race over the distance required for their age group or those who wish to race in a double at the singles championships or a single at the doubles championships.
- 79. Paddlers in Championship races will be awarded individual/boat points on the same basis as in regular Division races ie 50 points for winning their class, 49 for second etc with a minimum of 46 points. Points earned in the State Championships will be carried into the Division the paddler enters at their next race after the championships.
- 80. Paddlers in Classes that require portaging at National Championships must complete all portages at State Championships to be eligible for a medal.
- 81. Those paddlers aged U14 to U18 who wish to be in contention for State Championship medals may choose to paddle the following distances. Race points will be allocated to both the junior and main marathon series based on their age group placing.

U14: 10kms, no portage

U16: 15kms, one portage

U18: 20kms, three portages, feeding not permitted on first portage

## **Doubles Round**

- 82. One race in the marathon series will be designated as a 'Doubles Round' and will be conducted in regular Divisional racing format.
- 83. Points from the Doubles Round will be awarded as follows:
  - a. Paddlers who normally race in single boats will also earn 46 points towards their individual Division pointscore in their regular single Division (which can count as one of the best 7 races).
  - b. Regular double combinations will be eligible for Division points in the normal manner.
  - c. Worked example: A new combination of paddlers (who normally race as single paddler) enter the Doubles Round, and win their race. They will each earn 46 points towards their regular single Division pointscore and they will earn 100 club points (50 for the win and 50 bonus points for competing).
- 84. The Doubles Round will also serve as the 'State Championship' for double craft. State titles will be determined based on the speed of those boats in each State Championship category, regardless of the distance paddled.

## Lifejackets - (PFD's)

- 85. If applicable legislation requires that paddlers in a single craft must wear a lifejacket (ie no lifejacket exemption in place for the event), the Committee will apply that as rule to ALL paddlers whether they are in single or double craft.
- 86. For the avoidance of doubt, every paddler must have a lifejacket available for use on the day.
- 87. There may be some instances where lifejackets may not be required, and the Race Director and/or the Committee will advise if this becomes the case for any specific event and will advise if there are other rules that paddlers must follow.
- 88. Regardless of any other rule, ALL U14 paddlers **must** wear lifejackets.
- 89. All lifejackets must comply with legal requirements.
- 90. Inflatable lifejackets are not permitted.

## Disqualification

- 91. All competitors must respect the spirit of fair play and non-violence and behave in accordance with the rules of good sportsmanship.
- 92. Any competitor who attempts to win a race by any other than honorable means, or who breaks racing regulations will be disqualified for the duration of the race concerned, and may incur further penalty at the discretion of the Committee.
- 93. Physical violence will result in immediate disqualification for the duration of the race, and referral to the Committee (and PaddleNSW if deemed appropriate) regarding disciplinary action and eligibility for future races. All participants should be aware that physical violence is also a matter for common/criminal law and will be dealt with accordingly, in addition to any action taken by the Committee or PaddleNSW.

## **Code of Conduct**

94. PaddleNSW has adopted Paddle Australia's <u>Member Protection Policy</u>. The policy contains a General Code of Conduct and additional requirements for athletes, officials,

participants, volunteers, instructors, coaches, parents and spectators. Anyone attending a PaddleNSW Marathon Series event should be aware of his or her responsibilities within the Codes of Conduct.

#### **Protests**

95. A competitor who believes that another competitor has violated the Code of Conduct or should be subjected to a time penalty or disqualification is entitled to lodge a protest. Any protest should be made by notifying the Race Director within 30 minutes from when the last paddler involved in the incident completes the course or retires. There is a \$50 fee for lodging a protest which is refundable if the protest is upheld. Protests will be resolved as soon as possible after they are lodged – ideally before the results presentation following the race. Where this is not possible, those parties involved in the protest may be interviewed and/or requested to submit a written statement.

# **Interpretation of rules**

96. The intention of the above rules is to provide a fair and enjoyable competitive environment for all paddlers. In situations not covered by the above rules, reference shall be made to ICF Canoe Marathon Rules, or Paddle Australia Marathon Competition Rules and/or Bylaws, as appropriate. For any situation, which is not specifically addressed by ICF or Paddle Australia Rules, the decision of the PaddleNSW Marathon Committee shall remain final.

## **Entry Fees**

97. The entry fees for each race in the 2021 PaddleNSW Marathon Series shall be as follows:

Individual/ Team	Age	Early Bird	Standard	Day License for each paddler who is not a member of PaddleNSW
Individual	Under 18	Free	\$10	\$10
	Adult accompanying U8 and/or U10	Free	Free	\$10
	18-24	\$20	\$30	\$15
	25-65	\$35	\$45	\$20
	66 and over	\$30	\$40	\$20
Team	Doubles entry - U18	Free	\$20	\$10
	Doubles entry - U25	\$40	\$60	\$15
	Doubles entry - U66	\$70	\$90	\$20
	Doubles entry - 66+	\$60	\$80	\$20
	Doubles entry – Vet (66+)/Junior (U18)	\$30	\$50	\$20 & \$10
	Doubles entry – Vet (66+)/U65	\$65	\$85	\$20

Paddlers requiring further information should direct any questions relating to **PaddleNSW Marathon Series** to <u>marathon@paddlensw.org.au</u>