

GET INTO

CANOE SLALOM!

NEW FRIENDS. * WORLD CLASS COACHING

* WHAT IS CANOE SLALOM?

Canoe Slalom is an Olympic sport that takes place on the whitewater rapids. We kayak and canoe around poles hanging over the water and the person with the fastest time wins. You might tip over, but that's all part of the fun.

* WHAT IS THE PADDLE PATHWAYS PROGRAM?

We want to see more local kids enjoying the sport and we have some of Australia's best coaches to teach them how in a fun and supportive environment. Our program is supported by the NSW Institute of Sport, PaddleNSW and our local club Penrith Valley Canoeing.

* WHO ARE WE?

Australian Canoeing is the national federation for paddlesports in Australia. We have loads of great teams and athletes, including the Canoe Slalom team, based in Penrith. Our athletes like locals Jessica Fox and Ian Borrows have learned to paddle in Penrith and made it to the Olympic Games!

* HOW DO YOU GET INVOLVED?

Please contact Development Coordinator Ros Lawrence for more information.

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